

FEBRUARY 2026

Member Led Group:
Tom and Rogers Music
Group, Also Diabetes
Group w/ Libby



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Managing Anxiety w/ Stephanie 12:00-1:30 Lunch 2:00-3:00 Uno w/ Denise 3:00-4:00 Game time</p>	<p>3 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Tom and Rogers Music 12:00-1:30 Lunch 2:00-3:00 Jeopardy w/ Joey 3:00-4:00 Game time!</p>	<p>4 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Self-worth w/ Bella 12:00-1:30 Lunch 2:00-3:00 Wise Mind Skill Group w/ Joey 3:00-4:00 Game Time</p>	<p>5 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Tom and Rogers Music 12:00-1:30 Lunch 2:00-3:00 Bingo w/ Joey 3:00-4:00 Game time!</p>	<p>6 9:00-11:00 Continental Breakfast 10:30-11:30 Thrift Store w/ Denise! 11:00-12:00 Managing Depression w/ Stephanie 12:00-1:30 Lunch 2:00-4:00 Wii Bowling Tournament</p>
<p>9 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Self Love w/ Stephanie 12:00-1:30 Lunch 2:00-3:00 Chair Exercises w/ Stephanie 3:00-4:00 Game Time</p>	<p>10 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Tom and Rogers Music 12:00-1:30 Lunch 2:00-3:00 Uno w/ Denise 3:00-4:00 Game time!</p>	<p>11 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 A Visit from Kylie from Veteran's Place 12:00-1:30 Lunch 2:00-3:00 Stress Management w/ Joey & Bella 3:00-4:00 Game time!</p>	<p>12 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-11:30 Tom and Roger Music 11:30-12:00 Member Meeting 12:00-1:30 Lunch 2:00-3:00 Finding Acceptance w/ Stephanie 3:00-4:00 Game time!</p>	<p>13 9:00-11:00 Continental Breakfast 8:30-2:30 CSP w/ Joey 11:00-12:00 Diabetes group w/ Libby 12:00-1:30 Lunch 2:00-4:00 Cupid Bash!! w/ Cooking Club (chocolate covered pretzels)</p>
<p>16 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Mental Relapse w/ Don 12:00-1:30 Lunch 2:00-3:00 Guess That Word w/ Stephanie 3:00-4:00 Game time</p>	<p>17 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Tom & Rogers Music 12:00-1:30 Lunch 2:00-4:00 Monopoly w/ Joey</p>	<p>18 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Tim's Puppet Show 12:00-1:30 Lunch 2:00-4:00 Movie Day w/ popcorn!</p>	<p>19 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Tom and Roger Music 12:00-1:30 Lunch 2:00-3:00 Crosswords w/ Stephanie 3:00-4:00 Game time!</p>	<p>20 9:00-11:00 Continental Breakfast! 10:30-11:00 Good Morning News 10:00- 12:00 Andy Warhol Museum Trip 12:00-1:30 Lunch 2:00-3:00 Bingo w/ Joey 3:00-4:00 Game Time!</p>
<p>23 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Respecting Boundaries w/ Stephanie 12:00-1:30 Lunch 2:00-4:00 Karaoke 3:00-4:00 Game time!</p>	<p>24 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Tom and Rogers Music 12:00-1:30 Lunch 2:00-3:00 Name that Tune w/ Steph 3:00-4:00 Game time!</p>	<p>25 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Ask It Basket w/ Noreen 12:00-1:30 Lunch 2:00-3:00 How to deal with Confrontation w/ Joey 3:00-4:00 Game Time</p>	<p>26 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Tom and Rogers Music 12:00-1:30 Lunch 2:00-3:00 Bracelet Making w/ Bella and Stephanie 3:00-4:00 Game time!</p>	<p>27 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Physical Wellness w/ Bella 12:00-1:30 Lunch 2:00-4:00 February Birthday Party</p>

