

January 2026



Member Led Group:
Tom and Rogers Music Group
Diabetes Group w/ Libby

Monday	Tuesday	Wednesday	Thursday	Friday
			1  CLOSED FOR  NEW YEARS	2 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 10:30-11:30 Thrift Store/w Denise 11:00-12:00 New Years Resolutions 12:00-1:30 Lunch 2:00-4:00 NEW YEARS PARTY!!!
5 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Learn to Sew /w Steph 12:00-1:30 Lunch 2:00-3:00 Wii Bowling/Denise 3:00-4:00 Game time!	6 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Tom and Rogers Music 12:00-1:30 Lunch 2:00-3:00 Beanie Painting /w Steph and Bella 3:00-4:00 Game time!	7 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Puppet making w/Tim 12:00-1:30 Lunch 2:00-3:00 Icebreakers w/Kelly 3:00-4:00 Game time!	8 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Members Meeting 12:00-1:30 Lunch 2:00-3:00 Crafts and Jewelry Making 3:00-4:00 Game time!	9 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Tea/Coffee/Hot Cocoa Party and SAMHSA wellness w/Kelly and Bella 12:00-1:30 Lunch 2:00-3:00 BINGO/w Joey 3:00-4:00 Game time!
12 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Mental-Relapse w/Don 12:00-1:30 Lunch 2:00-3:00 Uno w/ Denise 3:00-4:00 Game time!	13 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Tom & Rogers Music 12:00-1:30 Lunch 2:00-3:00 Jeopardy w/Joey 3:00-4:00 Game time!	14 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Physical Wellness w/Bella 12:00-1:30 Lunch 2:00-4:00 Monopoly w/Joey	15 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Tom and Rogers Music 12:00-1:30 Lunch 2:00-3:00 Cooking Club 3:00-4:00 Game time!	16 9:00-11:00 Continental Breakfast! 10:30-11:00 Good Morning News 10:00- 12:00 Candle Making at PSquare Scents LLC 11:00-12:00 Art and Wellness w/Bella 12:00-1:30 Lunch 2:00-3:00 Guess the Song w/Steph 3:00-4:00 Game time!
19 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Managing Anxiety/w Steph 12:00-1:30 Lunch 2:00-3:00 Word Games w/Denise 3:00-4:00 Game time!	20 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Tom and Rogers Music 12:00-1:30 Lunch 1:30-3:30 Ladies' Hair Cuts w/JCPenney Stylist at New Horizons	21 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Self-Worth/w Bella 12:00-1:30 Lunch 2:00-3:00 Guess the Word w/Kelly 3:00-4:00 Game time!	22 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Ask it Basket w/Noreen 12:00-1:30 Lunch 2:00-3:00 Crafts and Jewelry Making w/Kelly 3:00-4:00 Game time!	23 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Diabetes Group w/Libby 12:00-1:30 Lunch 2:00-3:00 BINGO/w Joey 3:00-4:00 Game time!
26 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Chair Exercises 12:00-1:30 Lunch 2:00-3:00 Guess the Song 3:00-4:00 Game time!	27 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Tom and Rogers Music 12:00-1:30 Lunch 2:00-3:00 Learn to Sew /w Steph 3:00-4:00 Game time!	28 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Family Feud w/ Joey 12:00-1:30 Lunch 2:00-4:00 Wii Bowling Tournament	29 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Tom and Rogers Music 12:00-1:30 Lunch 2:00-3:00 Guess the Word w/Kelly 3:00-4:00 Game time!	30 9:00-11:00 Continental Breakfast 10:30-11:00 Good Morning News 11:00-12:00 Karaoke 12:00-1:30 Lunch 2:00-4:00 JANUARY BIRTHDAY PARTY!

