

Title	Authorship	Main Category	Category 2	Subcategory
A				
ABC's of the Human Body: A Family Answer Book	Editor: Guinness, Alma E.	REFERENCE	Medical	Wellness
A Brilliant Madness: Living with Manic-Depressive Illness	Duke, Patty	Empowerment	Bipolar Recovery	Peer Support
A Broken Heart Still Beats: After Your Child Dies	McCracken, Mary Semel	Depression Recovery	Family Recovery	Grief Recovery
(The) Abused Child: Psychodynamic Understanding Treatment	Heineman, Toni Vaughn	Adult Child Recovery	Counseling	MH Recovery
(The) Abusive Personality: Violence & Control in Intimate Relationships	Dutton, Donald	Men's Recovery	Relationship Recovery	Forensic Issues
Addiction Intervention: Strategies to Motivate	Editors: White, Robert.,	Medical	Addiction Recovery	Family Recovery
(The) Addiction Workbook: Step-by-Step Guide to Quitting Alcohol & Drugs	Fanning, Patrick, John O'Neill	Adult Child Recovery	Peer Support	
Addictive Thinking and the Addictive Personality: Understanding the Addictive Process, Compulsive Behavior and Self-Deception	Twerski, Abraham J., Craig Nakken	Addiction Recovery		
Adoption Healing : A Path to Recovery	Soll, Joe	Adult Child Recovery	MH Recovery	Wellness
Adult Children of Alcoholics [expanded ed.]	Woititz, Janet Geringer	Adult Child Recovery	Empowerment	Peer Support
Adult Children of Alcoholics Syndrome: A Step-By-Step Guide to Discovery & Recovery	Kritsberg, Wayne	Adult Child Recovery	Empowerment	Peer Support
Adult Children of Alcoholics--Volume One: Evaluation	Cermak, Timmen L.	Adult Child Recovery	Family Recovery	Medical
Adult Children of Alcoholics--Volume Two: Treatment	Cermak, Timmen L.	Adult Child Recovery	Family Recovery	Medical
Adult Children of Dysfunctional Families: Prevention, Intervention, & Treatment for Community Mental Health Promotion	Wallace, Barbara C.	Adult Child Recovery	Family Recovery	Adult Child Recovery
Adults Abused as Children: Experiences of Counseling & Psychotherapy	Dale, Peter	Adult Child Recovery	Counseling	Empowerment
A Ghost in the Closet: Is There an Alcoholic in Hiding?	Mitchell, Dale	Family Recovery	Addiction Recovery	Spirituality
Aging & Addiction: Helping Older Adults Overcome Alcohol or Medication Dependence	Colleran, Carol, Debra Jay	Addiction Recovery	Family Recovery	Geriatrics
Alcoholics Anonymous: THE BIG Book. 4th Ed. [small]	Anonymous	Addiction Recovery	Family Recovery	12-Step Recovery

Alcoholics Anonymous: THE BIG Book. 4th Ed Alcohol: Cradle to Grave	Anonymous Newhouse, Eric	Addiction Recovery Addiction Recovery	Family Recovery Family Recovery	12-Step Recovery
A Man Named Dave: A Story of Triumph & Forgiveness (The) Anger Control Workbook: Simple ... Techniques for Managing Anger, Developing Healthier Relationships Anger Management: The Complete Treatment Guidebook for Practitioners Angry Men, Passive Men: Understanding the Roots of Men's Anger & How to Move Beyond It	Pelzer, Dave McKay, Matthew, Peter Rogers Kassinove, Howard, Tafate, Raymond Chip Allen, Marven, Jo Robinson	Adult Child Recovery Empowerment Anger Management Men's Recovery	Family Recovery Anger Management Relationship Recovery Anger Management	P.T.S.D. Recovery Relationships Employment Relationships
(The) Anger Workbook The Angry Heart: Overcoming Borderline & Addictive Disorder A Stranger in My Own Body: Atypical Gender Identity Development & MH	Bilodeau, Lorraine Santoro, Joseph & Cohen, Ronald Di Celglie, Domenico, David Freedman	Anger Management Borderline PD Recovery Men's Recovery	Relationship Recovery Addiction Recovery Medical	Employment Anger Management Empowerment
An Unquiet Mind: A Memoir of Moods and Madness Anxiety & Stress Management Toolkit {Audio-Cassette Pack w/User Manual (The) Anxiety Disease Anxiety Management: In 10 Group Sessions A PACE/Recovery READER: Personal Assistance in Community Existence Appreciate Me Now and Avoid the Rush: Yet More Brilliant Thoughts	Jamison, Kay Redfield Kowalski, Reinhardt Sheehan, David V. Dynes, Robin Editors: Fisher, D.B., Tom Langan, Laurie Brilliant, Ashleigh Phelps, Stanley, Nancy Austin	Empowerment Anxiety Recovery Medical REFERENCE Empowerment Humor	Bipolar PD Recovery Stress Management Anxiety Recovery Anxiety Recovery Peer Support Wellness	Peer Support Group Tools Employment
(The) Assertive Woman Awaking Your Sexuality: A Guide for Recovering Women A Woman's Journal: Helping Women Recover	Covington, Stephanie Covington, Stephanie	Women's Recovery Women's Recovery	Self-Esteem Empowerment Addiction Recovery	Empowerment
(The) Battered Woman Syndrome. 2nd ed. Beating Depression: The Journey to Hope	Walker, Lenore E. A. Jackson-Triche, Maga, Kenneth B. Wells, et. al.	Women's Recovery Depression Recovery	Empowerment	Family Recovery

Beginning to Heal: A First Book for Survivors of Child Sexual Abuse	Bass, Ellen, Laura Davis	Adult Child Recovery	Family Recovery	Relationship Recovery
Being Homo-Sexual: Gay Men & Their Development	Isay, Richard A.	Men's Recovery	Medical	Empowerment
(The) Best Pet Name Book Ever	D.V.M.	Humor	Wellness	Pet Therapy
Beyond the Influence: Understanding & Defeating Alcoholism	Ketchem, Katherine, William F. Asbury	Medical	Addiction Recovery	
(The) Big Book of Stress Relief Games	Epsterin, Robert.	Stress Management		
(The) Big Book of Team Building Games: Trust-Building Activities, Team Building...	Newstrom, John, Edward Scannell	Employment	Group Tools	Relationship Recovery
Binge No More: Your Guide to Overcoming Disordered Eating	Nash, Joyce, D	Eating Disorder Recovery		
(The) Bipolar Disorder Survival Guide: What You & Your Family Need to Know	Miklowitz, David J.	Bipolar PD Recovery	Family Recovery	
Body Language	Wainwright, Gordon R.	Empowerment	Self-Esteem Recovery	
Bradshaw on Eating Disorders	Bradshaw, John	Eating Disorder Recovery		
Bulimia: A Guide to Recovery 5th Ed.	Hall, Lindsey, Leigh Cohn	Eating Disorder Recovery		
Business Thinking in Not-for-Profit Organizations	Walraven, Gail	Board of Directors	Employment	
C				
Changing Course: Healing from Loss, Abandonment, and Fear	Black, Claudia	Depression Recovery	Anxiety Recovery	Grief Recovery
Change Your Mind/Life: A Step-by-Step Program to Re-Pattern Your Powerful Subconscious Mind/Use It To Change Your Life	Mahaney, Teri D.	Empowerment		
Chemical Dependency and The African American 2nd Ed	Bell, Peter	Addiction Recovery	African American's Recovery	
Childhood Abuse and Chronic Pain: A Curious Relationship?	Roy, Ranjan	Adult Child Recovery	Chronic Pain Issues	Family Recovery
Childhood Revealed: Art Expressing Pain, Discovery & Hope	Eds. Koplewocz, Harold, Robin Goodman	Family Recovery		
Chronic Fatigue: Self-Help Book: Effective Solutions for Conditions...	Lark, Susan M.	Chronic Pain Issues	Women's Recovery	Wellness
Chronic Illness & the Twelve Steps: A Practical Approach to Spiritual Resilience	Cleveland, Martha	Chronic Pain Issues	12-Step Recovery	Wellness

(The) Chronic Illness Experience: Embracing the Imperfect Life	Register, Cheri	Chronic Pain Issues	MH Recovery	
Choosing Happiness: The Art of Living Unconditionally	Ray, Veronica	Spirituality	Wellness	Self-Esteem
Co-Dependency Anonymous: CODA	Anonymous	12-Step Recovery	Family Recovery	Recovery
Codependents' Guide to the Twelve Steps	Beattie, Melody	Family Recovery	12-Step Recovery	Relationship
Codependent No More & Beyond Codependency	Beattie, Melody	Family Recovery	Relationship Recovery	12-Step Recovery
Codependent No More: How to Stop Controlling Others & Start Caring for Yourself	Beattie, Melody	Family Recovery	12-Step Recovery	Spirituality
Codependent No More: How to Stop Controlling Others and Start Caring for Yourself (Abridged)	Beattie, Melody	Family Recovery	12-Step Recovery	Spirituality
Cognitive Behavioral Therapy for Psychiatric Problems: A Practical Guide	Hawton, Keith, Paul m. Salkovskis, et. al.	Cognitive Therapy	Behavioral Therapy	
Great Job-Fast!	Machado	Employment		
Overeaters	B. Bill	Recovery	Addiction Recovery	12-Step Recovery
Coping with Depression: Self-Help Strategies	Copeland, Mary Ellen	Depression Recovery	Empowerment	Peer Support
(The) Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse	Bass, Ellen, Laura Davis	Adult Child Recovery	Women's Recovery	
(The) Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse	Bass, Ellen, Laura Davis	Adult Child Recovery	Women's Recovery	
(The) Courage to Heal Workbook: For Women & Men Survivors of Child Sexual Abuse	Davis, Laura	Adult Child Recovery	Empowerment	Women's/Men's Recovery
Crazy for You: The Making of Women's Madness	Astbury, Jill	Women's Recovery	Self-Esteem Recovery	Empowerment
(The) Creating Wellness Series: Key Concepts for Mental Health	Copeland, Mary Ellen	Empowerment	Wellness	Peer Support
(The) Creating Wellness Series: The Wellness Toolbox	Copeland, Mary Ellen	Empowerment	Wellness	Peer Support
(The) Creating Wellness Series: Wellness Recovery Action Plan (WRAP)	Copeland, Mary Ellen	Empowerment	Wellness	Peer Support
Consumer Guide to Pharmaceuticals	AstraZeneca A Business Unit of Zeneca, Inc	ADVERTISEMENT	Medical	Medications
Cultural Competence Standards: In Managed Health Care Services	Working Groups in MH Care Services	Employment	Peer Support	Self-Esteem

Cybersex Exposed: Simple Fantasy or Obsession? D	Schneider, Jennifer, Robert. Weiss	Addiction Recovery	Relationship Recovery	Family Recovery
(The) Dance of Anger: A Woman's Guide to Changing the Patterns of Intimate Relationships	Lerner, Harriet	Empowerment	Self-Esteem Recovery	Family Recovery
Dangerous Drugs: An East-to-Understand Reference for Parents & Pros	Falkowski, Carol	REFERENCE	Addiction Recovery	Family Recovery
Dealing with Conflict & Confrontation: How to Keep Your Cool, Stand Your Ground & Reach a Positive Solution	NEED AUTHOR	Employment	Peer Support	Empowerment
Dealing with Depression in 12-Step Reco0very	O. Jack	Addiction Recovery	12-Steps Recovery	
Dealing with Depression Naturally Complementary & Alternative Therapies for Restoring Emotional Health		Depression Recovery		
Depression and Bipolar Disorders	Edwards, Virginia	Bipolar PD Recovery	Depression Recovery	
(The) Depression Workbook: A Guide for living with Depression & Manic Depression	Copeland, Mary Ellen	Bipolar PD Recovery	Depression Recovery	
Diagnostic & Statistical Manual of Mental Disorders [DSM-IV]	American Psychiatric Association	REFERENCE	Empowerment	Peer Support
Dialogues w/Forgotten Voices: Relational Perspectives on Child Abuse Trauma & Treatment of Dissociative Disorders	Schwartz, Harvey L.	Adult Child Recovery	PTSD Recovery	
Directory of Information & Referral Services in Pennsylvania	PA Assoc. for Info. & Referral (PAIR) Editor: Kletzien, S.	REFERENCE	Information & Referral	
Directory of Pennsylvania Foundations, 7th Edition	Damon	REFERENCE	Board of Directors	
Disclosing Secrets: When, to Whom & How Much to Reveal	Corley, M. Deborah, Jennifer P. Schneider	MH Recovery	Addiction Recovery	
(The) Doctors' Book of Food Remedies	Editors: Yeager, Selene, Prevention Health Books	Nutrition for Recovery	Eating Disorder Recovery	Medical
Does Someone at Work Treat you Badly?	Felder, Leonard	Employment	Relationship Recovery	
Do I Have to Give Up Me to Be Loved by You?	Paul, Jordan, Margaret Paul	Relationship Recovery	Family Recovery	Adult Child Recovery
Do I Have to Give Up Me to Be Loved by You?	Paul, Jordan, Margaret Paul	Relationship Recovery	Family Recovery	Adult Child Recovery

Don't Call Me Nuts: Coping w/the Stigma of Mental Illness	Corrigan, Patrick, Robert Lundin	Empowerment	Peer Support	Self-Esteem Recovery
(The) Dream Book: Symbols for Self-Understanding Drug Abuse & Bipolar Disorder Drug Abuse & The Brain	Bethards, Betty National Health Video, National Health Video, Fuller, Matthew A., Mattha Sajatovic	Spirituality Medical Medical	Self-Esteem Recovery Addiction Recovery Addiction Recovery	Bipolar PD
Drug Information for Mental Health Dr. White's Complete Stress Management Kit	White, Bowen F. Watkins, T.R., Ara	REFERENCE Medical	Employment Stress Management	Empowerment
Dual Diagnosis: An Integrated Approach to Treatment Dual Diagnosis: Counseling the Mentally Ill Substance Abuser [2nd Ed]	Llewellyn, M.C. Barrett Evans, Katie, J. Michael Sullivan	Medical Dual Dx Recovery	Dual Dx Recovery Counseling	Employment
Dual Disorders: Counseling Clients w/Chemical Dependency & Mental Illness (The) Dual Disorders Recovery Book: A 12-Step Program...	Daley, Dennis, Howard B. Moss Anonymous	Dual Dx Recovery Dual Dx Recovery	Counseling Counseling	Employment Employment
E				
(The) Eating Disorder Sourcebook. 2nd Ed. : A Comprehensive Guide to the Causes, Treatment, & Prevention of Eating Disorders	Costin, Carolyn Goodman, Laura J. , Mona Villapiano	Eating Disorder Recovery Eating Disorder Recovery Eating Disorder Recovery		
Eating Disorders: The Journey to Recovery Workbook				
(The) Eating Illness Workbook Effective Treatment for PTSD: Practice Guidelines from the Internat'l Society for Trauma Stress Studies	Ebbitt, Joan Editors: Foa, Edna B., T M. Keane, M J. Friedman Ohio Dept. of Mental Health	Medical	PTSD Recovery	
Emerging Best Practices in Mental Health Recovery		Empowerment	Peer Support	MH Recovery
Emotional Intelligence: Why it Can Matter More than IQ	Goldman, Daniel Editors: Leutenberg, Estelle, Kathy Korb-	Wellness	Employment	Empowerment
Emotions Activity Manual Emotions Anonymous Emotions Anonymous	Anonymous Anonymous Anonymous Pritchett, Price, Ron	Family Recovery Wellness Wellness	Employment 12-Steps Recovery 12-Steps Recovery	
(The) Employee Handbook for Organizational Change	Pound	Employment		

Empowering Women: Every Woman's Guide to Successful Living	Hay, Louise L.	Women's Recovery	Empowerment	
Empowerment: The Art of Creating Your Life as You Want It	Gershon, David & Gail Straub	Empowerment	Self-Esteem Recovery	
(The) Encyclopedia of Phobias, Fears & Anxiety [2nd Ed.]	Doctor, Ronald M., Ada P. Kahn	REFERENCE	Anxiety Recovery	
Ethical Human Sciences & Services: Journal of Critical Inquiry	Breggin, Peter R., Ed. In Chief	Periodical	Ethics	Board of Directors
Everything You Need to Know About Chemical Dependence	Johnson, Vernon	Family Recovery	Addiction Recovery	
(The) Everything Dreams Book: From Fantasies to Nightmares, What Your Dreams Mean, How to Remember them, & How They ...	Macgregor, Trish and Rob	Humor	Wellness	Spirituality
Experiencing Recovery	Pennsylvania Mental Health Consumers Association	Empowerment	MH Recovery	
F				
Family Communications: The Essential Rules...	Wahloos, Sven	Family Recovery	Relationship Recovery	Relationship Recovery
Family Intervention	Picard, Frank L.	Family Recovery	Addiction Recovery	Relationship Recovery
(The) Far Side Gallery 4	Larson, Gary	Humor	Wellness	
Fearless Fundraising for Nonprofit Boards	George, Worth	Board of Directors	Fund Raising	
Feel the Fear & Do It Anyway: Dynamic Techniques for Turning Fear, Indecision, & Anger into Power, Action, & Love	Jeffers, Susan	Anxiety Recovery	Empowerment	
Fibroid Tumors & Endometriosis: Self Help Book-Solving the Problems...	Lark, Susan M.	Women's Recovery	Medical	Wellness
Filing an ADA Employment Discrimination Charge:" Making It Work for You	Ross, Kathryn/Jordan Institute for Families	Employment	Empowerment	Board of Directors
Five Simple Steps to Emotional Healing: The Last Self-Help Book You Will Ever Need	Arenson, Gloria	Medical	Acupuncture	
Food Pantry & Food Assistance Directory	Allegheny Co. DHS, Consumer Services Bureau of Hunger & Housing	REFERENCE	Peer Support	Empowerment
Freedom from Compulsion: An Eating Disorder Workbook	Sheehan, Tim, Sue Hoisington	Eating Disorder Recovery		
From Depression to Wholeness: The Anatomy of Healing	Thurman, Debbie	Depression Recovery	Spirituality	

From Psychiatric Patient to Citizen: Overcoming Discrimination & Social Exclusion	Sayce, Liz	Empowerment	Self-Esteem Recovery	
From Survival to Recovery: Growing up in an Alcoholic Home	Anonymous	Family Recovery	Addiction Recovery	Relationships
G				
General Session (On Dual Diagnosis as Norm.)	Fisher, Daniel	Dual Dx Recovery		
Getting Started in AA	B. Hamilton	Addiction Recovery		
Getting to Yes: Negotiating Agreement Without Giving In	Fisher, Roger, William Ury	Empowerment	Wellness	Employment
Getting Your Life Back Together When You Have Schizophrenia	Temes, Roberts	Schizophrenia Recovery	O.C.P.D. Recovery	
Girlfriends: Invisible Bonds/Enduring Ties	Beery, Carmen, Tamara	Women's Recovery	Wellness	
Girl, Interrupted	Traeder	Empowerment	Medical	Peer Support
(The) Great Trainer's Guide: How to Train Anyone to do Anything!	Kaysen, Susanna			
Grief: Discover Your Personal Power to Change: Workbook	Vineyard, Sue	Employment		
Grief: Discover Your Personal Power to Change	Perlman, Art	Depression Recovery	Cognitive Recovery	Behavioral Recovery
Grief: Discover Your Personal Power to Change Group Exercises For Enhancing Social Skills & Self-Esteem [Vol. 2]	Perlman, Art	Depression Recovery	Cognitive Recovery	Behavioral Recovery
Guaranteeing the Good Life: Medicine & the Return of Eugenics	Khalsa, SiriNam S. General Editor: Neuhaus, Richard John	Self-Esteem Recovery	Relationship Recovery	Employment
H				
Hand-Me-Down Blues: How to Stop Depression from Spreading in Families	Yapko, Michael D.	Depression Recovery	Family Recovery	
Healing for Adult Survivors of Childhood Sexual Abuse	Collins, Bonnie, Kathryn Marsh	Adult Child Recovery	Group Tools	MH Recovery
Healing the Incest Wound: Adult Survivors in Therapy	Courtois, Christine A.	Adult Child Recovery	Counseling	MH Recovery
Healing the Shame that Binds You	Bradshaw, John	Adult Child Recovery	Self-Esteem Recovery	
Healing the Trauma of Abuse: A Women's Workbook	Copeland, Mary Ellen. Maxine Harris	Adult Child Recovery	Women's Recovery	Family Recovery

(The) Healing Power of Humor: Techniques for Getting Through Loss, Setbacks, Upsets, Disappointments, Difficulties...	Klein, Allen	Wellness	Depression Recovery	
Health Intuition: A Simple Guide to Greater Well-Being	Kassy, Karen Grace	Wellness		
Helping Battered Woman: New Perspectives & Remedies	Editor: Roberts, Albert R.	Women's Recovery	Empowerment	Self-Esteem Recovery
Helping Women Recovery: A Program for Treating Addiction	Covington, Stephanie	Women's Recovery	Addiction Recovery	
Highs!: Over 150 Ways to Feel Really, REALLY Good...Without Alcohol or Other Drugs	Packer, Alex J.	Addiction Recovery	Wellness	
HIV/AIDS: Practical, Medical & Spiritual Guidelines for Daily Living When You're HIV-Positive	Jenkins, Mark	Chronic Pain Issues	Spirituality	Medical
Hope & Recovery: A 12-Step Guide for Healing from Compulsive Sexual Behavior				
How to Avoid Weight Gain When You Stop Smoking	National Health Video, Inc. Cramer, Pat, Debra	Medical	Wellness	Addiction Recovery
How to Create High-Impact Letters, Memos, & E-Mail	Smith	Employment	Writing	
How to Quit Drinking Without AA	Dorsman, Jerry	Addiction Recovery		
How to Survive the Loss of a Love	Bloomfield, Harold, Melba Colgrove, Peter McWilliams	Depression Recovery	Grief Recovery	
How to Win the Meeting:& Create an Opportunity for Personal Advancement	Snell, Frank	Board of Directors	Employment women's/men's Recovery	Self-Esteem Recovery Relationship Recovery
I	P.D.N.E.C.	Addiction Recovery		
I Can't Get Over It: A Handbook for Trauma Survivors [2nd ed]	Matsakis, Aphrodite	PTSD Recovery		
I Can See Tomorrow: A Guide for Living with Depression	Owen, Patricia L.	Depression Recovery		
If I Played My Life: Poems	Editor: Goldsmith, Kate	Schizophrenia Recovery		
I Hate You--Don't Leave Me: Understanding Borderline Personality	Kreisman, Jerold J. , Hal Straus	Borderline PD Recovery		
I Know Just What You Mean: The Power of Friendship in Women's Lives	Goodman, Ellen, Patricia O'Brien	Women's Recovery	Self-Esteem Recovery	

I May Not Be Totally Perfect, But Parts of Me are Excellent: And Other Brilliant Thoughts	Brilliant, Ashleigh Executive Editor: Manikowski, Dick	Humor	Wellness	
Information & Referral: Journal of Information & Referral Systems		REFERENCE	Peer Support	Empowerment
Inner Eating: How to Free Yourself Forever From the Tyranny of Food	Billigmeier, Shirley	Eating Disorder Recovery		
Instant Icebreakers: 50 Powerful Catalysts for Group Interaction & High-Impact Learning	Need Author	Employment	Group Tools	
Instant Icebreakers: 50 Powerful Catalysts for Group Interaction & High-Impact Learning	Tubesing, Nancy Loving, Sandy Christian	Group Tools	Communication	
It Will Never Happen to Me: Growing Up with Addiction as Youngster, Adolescents, Adults	Black, Claudia	Family Recovery	Addiction Recovery	Adult Child Recovery
J				
Journey to Cubeville: A Dilbert Book	Adams, Scott	Humor	Wellness	
Journey to the Heart: Daily Meditations on the Path to Freeing Your South	Beattie, Melody	Spirituality	Devotional	
K-L				
(The) Language of Letting Go	Beattie, Melody	Relationship Recovery	Spirituality	
(The) Language of Letting Go	Beattie, Melody	Relationship Recovery	Spirituality	
(The) Language of Letting Go (plus More Language of Letting Go--2 book set)	Beattie, Melody	Relationship Recovery	Spirituality	
Launching a Successful voter Empowerment Campaign	Nat'l Consumer Supporter Tech. Assist.	Empowerment	Peer Support	
Leading Small Groups: Basic Skills for Church & Community Organization	Turner, Nathan W.	Group Tools	Employment	
Letting Go Of Anger: The 10 Most Common Anger Styles & What to Do About Them	Potter-Efron, Pat Potter- Efron	Anger Management	Relationship Recovery	Employment
Life Strategies: Doing What Works/Doing What Matters	McGraw, Phillip C.	Self-Esteem Recovery		
Life Strategies: Doing What Works/Doing What Matters	McGraw, Phillip C.			
Little Book of Letting Go: Revolutionary 30-Day Program. To Cleanse Your Mind, Lift Your Spirit & Replenish Your Soul	Prather, Hugh	Spirituality		

(The) Little Red Book	Anonymous	Addiction Recovery	12-Steps Recovery	Peer Support
(The) Link Between Childhood Trauma & Mental Illness: Effective Interventions for MH Professionals	Everett, Barbara, Ruth Gallop	Adult Child Issues	PTSD	MH Recovery
Living Longer Depression Free: A Guide to Recognizing, Treating & Preventing Depression n Later Life.	Miller, Mark, Charles Reynolds	Medical	Geriatric	Medical
Living with Hepatitis C: A Survivor's Guide	Everson, Gregory T., Hedy Weinberg	Medical	Chronic Illness	
Living Without Depression & Manic Depression: A Workbook for Maintaining Mood Stability	Copeland, Mary Ellen	Bipolar PD Recovery	Depression Recovery	Wellness
Losing Your Shirt: Recovery for Compulsive Gamblers & Their Families	Heineman, Mary	Addiction Recovery	Family Recovery	12-Steps Recovery
(The) Lost Boy: A Foster Child's Search for the Love of a Family	Pelzer, Dave	Adult Child Recovery	Peer Support	Spirituality
Love Must Be Touch: New Hope for Families in Crisis	Dobson, James C.	Family Recovery		
Loving Me, Loving You: Balancing Love & Power in a Codependent World	Schaeffer, Brenda	Family Recovery	Relationship Recovery	Women/Men's Recovery
M				
(The) Managed Care Answer Book: For Mental Health Professions	Tuttle, Gayle M., Dianne R. Woods	Medical	Empowerment	Employment
Managing Sideways: A Process-Driven Approach for Building the Corp Energy Level &....	Greenberger, Dennis, Christine A. Padesky	Depression Recovery	Anxiety Disorder Recovery	Cognitive Recovery
Medical Aspects of Chemical Dependency Handbook: for Nonmedical Professionals	Larson, Robert	Medical	Addiction Recovery	Family Recovery Relationship Recovery
Men's Work: How to Stop the Violence that Tears Our Lives Apart	Kivel, Paul	Men's Recovery	Empowerment	
(The) Mental Health Handbook [rev. ed.]	Powell, Trevor Dept. Health & Human Services. DC	REFERENCE	MH Recovery	
Mental Health: A Report of the Surgeon General		REFERENCE		
Messages: The Communication Skills Book	McKay, M., M. Davis, P. Fanning	Self-Esteem Recovery	Borderline PD Recovery	Relationship Recovery
Mind-Altering Drugs: A Guide to the History, Uses & Effects of Psychoactive Drugs	Board of Regents/Univ.of Wisconsin-Madison	REFERENCE	Addiction Recovery	
(The) Miracle of Sponsorship: Recovery Stories of Hope & Renewal	Casey, Karen	Addiction Recovery	12-Steps Recovery	Peer Support

More Language of Letting Go: 366 New Daily Meditations	Beattie, Melody	Relationship Recovery	Spirituality	
More Team-Building Activities for Every Group	Jones, Alanna	Group Tools	Employment	
Mother and Mental Health	Brockington, Ian	Medical	Women's Recovery	
Motherless : The Legacy of Loss	Edelman, Hope	Women's Recovery	Depression Recovery	
Mrs. Marty Mann: The First Lady of Alcoholics				
Anonymous	Brown, Sally & David R.	Empowerment	Family Recovery	Peer Support
Music Affirmations for Controlling Your Emotions	Griswold, Robert & Deirdre	Self-Esteem Recovery	Empowerment	
Music Affirmations for Natural Weight Control	Griswold, Robert & Deirdre	Eating Disorder Recovery		
Music Affirmations for Relaxation & Stress Relief	Griswold, Robert & Deirdre	Stress Management	Empowerment	
N				
Nasty People: How to Stop Being Hurt By Them Without Becoming One of Them	Carter, Jay	Stress Management	Employment	Family Recovery
National Strategy for Suicide Prevention: Goals & Objectives for Action	US Dept. Health & Human Services	Peer Support	Depression Recovery	
National Strategy for Suicide Prevention: Goals & Objectives for Action: Summary	US Dept. Health & Human Services	Peer Support	Depression Recovery	
New Hope for People with Bipolar Disorder	Fawcett, Jan, Bernard Golden, Nancy Rosenfeld	Bipolar PD Recovery	Depression Recovery	
New Work Habits for A Radically Changing World: 13 Ground Rules				
Job Success	Pritchett, Price			
Night Falls Fast: Understanding Suicide	Jamison, Kay Redfield	Depression Recovery	Family Recovery	Peer Support
(The) Noonday Demon: An Atlas of Depression	Solomon, Andrew	Depression Recovery		
(The) Noonday Demon: An Atlas of Depression	Solomon, Andrew	Depression Recovery		
Nutrition & Mental Illness: An Orthomolecular Approach to Balancing Body Chemistry	Pfeiffer, Carl C.	Nutrition for Recovery	Medical	
O				
Obsessive Compulsive Disorder: A Survival Guide for Family & Friends	C., Roy	Family Recovery	12-Steps Recovery	O.C.P.D. Recovery
One Hundred Four (104) Activities that Build: Self-Esteem, Teamwork, Communication, Anger Mgt ...	Jones, Alanna	Employment	Group Tools	Self-Esteem Recovery
One Hundred One (101) Great Games & Activities	Editor: Van Gundy, Arthur	REFERENCE	Employment	Wellness

(The) One Minute Manager	Blanchard, Kenneth, Spencer Johnson	Employment	Wellness	
On Our Own: Patient-Controlled Alternatives to the Mental Health System	Chamberlin, Judi	Empowerment	Self-Esteem Recovery	
Open Hearts: Renewing Relationships With Recovery, Romance & Reality	Carnes, Patrick, D. Laaser, M. Laaser	Relationship Recovery	Family Recovery	12-Steps Recovery
Open Your Mind, Open Your Life: A Book of Eastern Wisdom	Gold, Taro	Spirituality	Wellness	
Organizing for Social Change: A Manual for Activists in the 1990s	Bobo, Kim, Jackie Kendall, Steve Max	Peer Support	Board of Directors	Empowerment
(The) Outsider: A Journey into My Father's Struggle with Madness	Lachenmeyer, Nathaniel	Adult Child Recovery	Family Recovery	Schizophrenia Recovery
Overeaters Anonymous. 2nd ed.	Overeaters Anonymous, Inc	Eating Disorder Recovery	Addiction Recovery	12-Steps Recovery
Overcoming Binge Eating	Fairburn, Christopher	Eating Disorder Recovery	Addiction Recovery	
Overcoming Overeating	Hirschmann, Jane, Carol Munter	Eating Disorder Recovery	Addiction Recovery	
Overextended & Undernourished: A Self-Care Guide for People in Helping Roles	Portnoy, Dennis	Wellness	Employment	Stress Management
P				
Partners in Recovery: Creating Successful Practitioner/Consumer Alliances	Dept. of Health & Human Services, CMHS	Medical	Empowerment	Peer Support
Paths to Recovery: Al-Anton's Steps, Traditions, & Concepts	Anonymous	Family Recovery	Addiction Recovery	Relationship Recovery
Pathways to Recovery: A Strengths Recovery Self-Help Workbook	Ridgeway Priscilla, et. al.	REFERENCE	Empowerment	Self-Esteem Recovery
PDR (Physicians' Desk Reference) Drug Guide for Mental Health Professionals	Thomson Medical Economics	REFERENCE	Medical	Medication
Pocket Guide to Mental Health Resources 2001	DHHS, CMHS, SAMHSA	Empowerment		Depression
(The) Power of Positive Thinking	Peale, Norman Vincent	Empowerment	Self-Esteem Recovery	Recovery
Preventing Misdiagnosis of Women: A Guide to Physical Disorders that have Psychiatric Symptoms	Klonoff, Elizabeth, Hope Landreine	Women's Recovery	Empowerment	Medical
Principle-Centered Leadership	Covey, Stephen R.	Employment	Board of Directors	Ethics
Project Management	Pryor, Fred	Employment	Board of Directors	Empowerment

Q-R

Radical Acts of Love: How Compassion Is Transforming Our World	Skog, Susan	Spirituality	Peer Support	
Reach One, Teach One: The Peer Educators Project in Action	Mental Illness Education Project Videos Editors: R.E.. Drake, C.Mercer-McFadden, et.	Peer Support	Medical	
Readings in Dual Diagnosis		Dual Dx Recovery	Medical	
Reclaim Your Family from Addiction: How Couples & Families Recover Love & Meaning	Nakken Craig	Addiction Recovery	Family Recovery	Relationships
Recovering from Sexual Abuse, Addictions, & Compulsive Behaviors	Knauer, Sandra	Adult Child Recovery	Addiction Recovery	Self-Esteem
Recovery as a Journey of the Heart	Deegan, Patricia	Empowerment	Peer Support	Recovery
Recovery from Compulsive Eating: A Complete Guide to the 12-Step Program	A. Jim	Eating Disorder	Addiction Recovery	12-Steps Recovery
(The) Recovery Workbook II: Connectedness	Spaniol, LeRoy, et.	Recovery	Medical	
Relationships Rescue: A 7-Step Strategy for Reconnecting w/Your Partner	McGraw, Phillip C	MH Recovery		
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